

## DexaFit Asia now offers the Vo2max Bike test!



**DexaFit Asia** is committed to promoting fitness, health, and lifestyle. Our objective is to facilitate the measurement of health and fitness progress while setting higher standards for enhancing one's lifestyle through expert guidance. We are thrilled to introduce our state-of-the-art fitness solutions that employ world-class equipment and an integrated system to analyze all metrics accurately and offer a comprehensive fitness report. Our primary aim is to enable people across the globe to lead healthier and fitter lives.

Since August 2020, **DexaFit Asia** has been serving Singapore's community of fitness enthusiasts who are passionate about understanding their individual fitness and metabolic health. Moreover, we collaborate with corporate wellness and sports associations, providing them with our gold-standard **Dexa Body Composition Scan, RMR (Resting Metabolic Rate), and Vo2max Run test.**

We are excited to announce the latest addition to our suite of services - the **Vo2max Bike test** - as we have observed a rise in the number of professional and

leisure cyclists over the past two years. This test provides more accurate data on heart and lung health, regardless of one's age and cycling experience.